

जानेवारी २०२२
(या अंकात एकूण ३६ पाने आहेत)

ISSN - 0378 - 6463

किंमत २५ रुपये



Ayurvedya

आयुर्विद्या

Peer Reviewed Indexed
Research Journal of 21st Century
Dedicated to Ayurved...

January 2022



Ayurvedya Masik

आयुर्वेद रसशाळा, पुणे यांची गुणकारी व उपयुक्त उत्पादने...



दाडिमावलेह

चिरकारी आम्लपित्त,
प्रवाहिका (Dysentery),
शरीरातील उष्णता कमी करते.



निर्गुंडी तेल

सांधे दुखणे, सांध्यांच्या वात विकारांवर
बाहेरून लावण्यासाठी,
वेदना कमी करण्यासाठी,
सूज कमी करण्यासाठी उपयुक्त.



धात्रीलोह वटी

आम्लपित्त, कावीळ, डोळ्यांचे विकार, पित्ताचे
व कफाचे विकार, केस पांढरे होणे या विकारांमध्ये
अतिशय उत्कृष्ट, धातुंची पुष्टी होण्यासाठी
व ती टिकवून ठेवण्यासाठी उपयुक्त, कष्टसाध्य शूल,
पाण्डू (Anaemia), नेत्रहितकारक.



परिपाठादि काढा

लहान मुलांमध्ये स्वास्थ्यरक्षक,
गोवर व कांजिण्या यामध्ये उपयुक्त,
तसेच त्यांच्यामुळे झालेली शरीरावरील हानी
भरून काढण्यासाठी उपयुक्त.

रसशाळा

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॥ श्री धन्वंतरये नमः ॥

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आयुर्विद्या

मासिक

शंखं चक्रं जलोकां दधतमृतघटं चारुदोर्भिश्चतुर्भिः ।
सूक्ष्मस्वच्छातिहृद्यांशुकपरिविलसन् मौलिमम्भोजनेत्रम् ॥
कालाम्भोदोऽखलाङ्गम् कटितटविलसद्धारुपीताम्बराढ्यम् ।
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लोके जरारुग्भयमृत्युनाशनं धातारमीशं विविधोषधीनाम् ॥

ISSN - 0378 - 6463

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ISSUE NO. - 8

JANUARY - 2022

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नववर्ष २०२२ निमित्त हार्दिक शुभेच्छा!

CONTENTS

• संपादकीय - नवीन वर्षाला सामोरे जाताना	- डॉ. दि. प्र. पुराणिक	5
• औषधी वनस्पतींचे संकलन आणि संवर्धन	- डॉ. अरविंद मुजुमदार	6
• Pharmaceutico-analytical Assessment Of Kwatha Prepared From Ardra And Shushka Guduchi (Tinospora cordifolia)	- Vd. Devika N. Ambetkar, Vd. Vinaya R. Dixit	10
• Application Of Pippalyadi Yavagu In Clinical Practice	- Vaidya Chitra Bedekar	14
• A Case Of Pediatric Pilonidal Sinus In An Obese Patient	- Dr. Rashmi Bhise, Dr. Nandakishor Borse	17
• A Critical Review Of Anukta Dravya (Extra-Pharmacopoeial Drug) Diplazium Esculentum (Retz) Sw.	- Dr Sharmin A., Dr Apoorva Sangoram	19
• Infertility	- Dr. A. B. Limaye	24
• Irimeda (Acacia Farnesiana Wild) - A Critical Review	- Dr. Parmeshwar Dahiwade, Dr. Asmita Jadhav	27
• अभिनंदन!	-	23, 30
• वृत्तांत/अहवाल/Report -		
1) RSM's Chetan Dattaji Gaikwad Institute of Management Studies - Online And Offline Seminar On 'Aligning Institutional IQAC With National Education Policy (NEP) 2020'. (20-10-2021) - Prof. Sushama Sathe		31
2) आजादी का अमृत महोत्सव अंतर्गत नद्यांशी मैत्री कार्यक्रम - डिसेंबर २०२१		31
3) खडीवाले वैद्यक संशोधन संस्था - महर्षी अण्णासाहेब पटवर्धन वैद्यकीय पुरस्कार - वैद्य विनायक परशुराम वैद्य खडीवाले		32
• श्रद्धांजली.	-	33
• Announcement - National Seminar On Ayurvedic Management of Respiratory Disorders		32
• नवे वर्ष, नवी दिशा, नवी आशा...	- डॉ. अपूर्वा संगोराम	33
• संकल्प बावीशी!	- डॉ. सौ. विनया दीक्षित	34
• About the Submission of Article and Research Paper	-	4

"AYURVIDYA" Magazine is printed at 50/7/A, Dhayari - Narhe Road, Narhe Gaon, Tal. - Haveli, Pune -41 and Published at 583/2, Rasta Peth, Pune 11.

By Dr. D. P. Puranik on behalf of Rashtriya Shikshan Mandal, 25, Karve Road, Pune 4.

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January 2022



(ISSN-0378-6463) Ayurvedya Masik

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