एप्रिल २०२५

या अंकात एकूण ३६ पाने आहेत.



किंमत २५ रुपये

Ayurvidya

Peer Reviewed Indexed Research Journal of 21st Century... Dedicated to Ayurved...

आयुर्वेद रसशाळा, पुणे यांची गुणकारी व उपयुक्त उत्पादने...

रक्तवर्धक अवलेह



रक्ताल्पता, दौर्बल्य यामधे उपयुक्त. (रसायन बल्य,धातूवर्धक म्हणून उपयुक्त).

मानसिक अस्वास्थ्य, कामाच्या ताणामुळे वारंवार चिडणे, झोप न येणे, या सर्वांमुळे उत्पन्न शरीराचे अस्वास्थ्य यामध्ये अतिशय उपयोगी.



रसगंधा वदी

गोल्ड कम्पाऊंड



शरीराचे बल, वर्ण, कांती व प्रतिकार शक्ती वाढविणारे उत्कृष्ट रसायन. हृदयाला बल देणारे, वृद्धावस्थेमधील सांधेद्खीवर उपयुक्त.

लहान मुलांमधील सर्दी, घसादुखी, अतिसार (जुलाब होणे) व खोकला यावर सुरुवातीच्या अवस्थेत द्यावे.



बालचतुर्भद्र सायरप



शास्त्रोक्त व पेटंट आयुर्वेदिक औषधे तयार करणारी संस्था.

आयुर्वेद रसशाळा, पुणे GMP Certified Company



आयुर्वेद रसशाळा फाऊंडेशन, पुणे

२५, कर्वे रोड, पुणे - ४११ ००४. 🆀 : (०२०) २५४४०७९६, २५४४०८९३

E-mail: admin@ayurvedarasashala.com Visit us at: www.ayurvedarasashala.com Toll free No. 1800 1209727



।। श्री धन्वंतरये नम: ।।

राष्ट्रीय शिक्षण मंडळ, संचालित

आयुर्विद्या

शंखं चक्रं जलौकां दधतमृतघटं चारुदोर्भिश्चतुर्भिः । सूक्ष्मस्वच्छातिहृद्यांशुकपरिविलसन् मौलिमम्भोजनेत्रम् ।। कालाम्भोदोज्जलाङ्गम् कटितटविलसद्यारुपीताम्बराढ्यम् । वन्दे धन्वन्तरितं निखलगदवन प्रौढदावाग्निलीलम् ।। नमामि धन्वंतरिमादिदेवं सुरासुरैवन्दितपादपङ्कजम् । लोके जरारुग्भयमृत्युनाशनं धातारमीशं विविधौषधीनाम् ।।

•*···*



To know latest in "AYURVED" Read "AYURVIDYA" A reflection of Ayurvedic Researches.

ISSUE NO. - 11

APRIL - 2025

PRICE Rs. 25/- Only.

राष्ट्रीय शिक्षण मंडळ संचलित सेंटर फॉर पोस्ट ग्रॅज्युएट स्टडिज अँड रिसर्च इन आयुर्वेदच्या वर्धापन दिनानिमित्त हार्दिक शुभेच्छा! - दि. १ एप्रिल २०२५

CONTENTE

CON	TENTS	
• संपादकीय : अलविदा!	– डॉ. दि. प्र. पुराणिक	5
A Case Study Of Emergency Management		
Of Acute Pain In 'Ajeerna Vyadhi'	- Vd. Mrs. Soniya Kale, Vd. Rajkumar Bobade	6
• Conceptual Review Of Shothahar Evum Vedana	shamak Properties	
Of Bilva Leaf (Aegle Marmelos Corr.)	- Dr. Nisha Chavan, Dr. Vinaya R. Dixit	9
Ayurvedic Nomenclature Of Plants		
W.R.T. Morphology	- Dr. Shraddha Bhujbal, Dr. Apoorva Sangoran	n 12
• Improving The Informed Consent Process For V	ulnerable Populations:	
Ethical Imperatives And Practical Approaches	- Mrs. Vaishali Deshpande	15
Ayurveda Innovation For Global Health	- Vd. Prajakta Patel, Dr. Asmita Jadhav	18
A Review Article On The Efficacy		
Of Shirodhara In Treatment Of Vishada	- Dr. Anjali Damale, Dr. Rajendra Huparikar	21
Objectionable Advertisements Act		
(Drug and Magic Remedies Act 1954)	- Dr. Apoorva Sangoram, Dr. Vaibhavi Sabne	25
Personality - A Literature Study	- Dr. Taranoom M. Patel	28
 वृत्तांत – १) वैद्य खडीवाले वैद्यक संशोधन महर्षी अण्णासा 	हेब पटवर्धन वैद्यकीय पुरस्कार सोहळा	
- दि. १६ फेब्रुवारी २०२५	-	8
२) रा.शि.मं.सं.कै.कृ.ना. भिडे आयुर्वेद संस्थेचा इ	त्रयोदश वर्धापनदिन	
- दिनांक १ मार्च २०२५	- डॉ. मधुकर सातपुते	27
● अभिनंदन!!	17	7, 32
• श्रद्धांजली	_	33
 निरोगी सुरुवात आशादायक भविष्य 	- डॉ. अपूर्वा संगोराम	33
आरोग्याच्या महासमस्या	– डॉ. सौ. विनया दीक्षित	34
About the Submission of Article and Research P		4
- About the Subinission of Africa and Research I	aper	-

"AYURVIDYA" Magazine is printed at 50/7/A, Dhayari - Narhe Road, Narhe Gaon, Tal. - Haveli, Pune -41 and Published at 583/2, Rasta Peth, Pune 11.

By Dr. D. P. Puranik on behalf of Rashtriya Shikshan Mandal, 25, Karve Road, Pune 4.

IMP • Views & opinions expressed in the articles are entirely of Authors. •

About the Submission of Article and Research Paper

Rashtriya Shikshan Mandal's **AYURVIDYA**

• The article / paper should be original and submitted **ONLY** to "**AYURVIDYA**"

 The <u>national norms</u> like Introduction, Objectives, Conceptual Study / Review of Literature, Methodology, Observations / Results, Conclusion, References, Bibliography etc. should strictly be followed. Marathi Articles / Research Paper are accepted at all levels. These norms are applicable to Review Articles also.

- One side Printed copy along with PP size own photo and fees should be submitted at office by courrier / post/in person between 1 to 4 pm on week days and 10 am to 1 pm on Saturday.
- "AYURVIDYA" is a peer reviewed research journal, so after submission the article is examined by two experts and then if accepted, allotted for printing. So it takes at least one month time for execution.
- Processing fees Rs. 1000/- should be paid by cheque / D.D. Drawn in favour of "AYURVIDYA MASIK"
- · Review Articles may be written in "Marathi" if suitable as they carry same standard with more
- Marathi Articles should also be written in the given protocol as - प्रस्तावना, संकलन, विमर्श / चर्चा, निरीक्षण, निष्कर्ष, संदर्भ इ.।

For Any Queries Contact -Prof. Dr. Apoorva Sangoram (09822090305)

Write Your Views / send your subscriptions / Advertisements To

Editor - AYURVIDYA MASIK, 583 / 2, Rasta Peth, Pune - 411 011. **E-mail:** ayurvidyamasik@gmail.com **Phone:** (020) 26336755, 26336429 Fax: (020) 26336428 Dr. D. P. Puranik Dr. Vinaya Dixit - 09422516845 Dr. Apoorva Sangoram 09822090305

Visit us at - www.eayurvidya.org

Subscription, Article Fees and Advertisement Payments by Cash / Cheuqes / D. D. :- in favour of

Payable at Pune Date :	•
Pay to "AYURVIDYA MASIK"	
Rupees	
(Outstation Payment by D. D. Only)	

For Online payment - Canara Bank, Rasta Peth Branch, Savings A/c. No. 53312010001396, IFSC - CNRB0015331, A/c. name - 'Ayurvidya Masik'. Kindly email the payment challan along with name, address and purpose details to ayurvidyamasik@gmail.com

"AYURVIDYA" MAGAZINE Subscription Rates: (Revised Rates Applicable from 1st Jan. 2014) For Institutes -Each Issue Rs. 40/- Annual :- Rs. 400/- For 6 Years :- Rs. 2,000/-For Individual Persons - For Each Issue :- Rs. 25/- Annual :- Rs. 250/- For 6 Years :- Rs. 1,000/-For Ayurvidya International - Annual :- Rs. 550/- (For Individual) & Rs. 1000/- (For Institute)

Full Page - Inside Black & White - Rs. 1,600/- (Each Issue)

Half Page - Inside Black & White - Rs. 900/-(Each Issue)

Quarter Page - Inside Black & White - Rs. 500/- (Each Issue)



GOVERNING COUNCIL (RSM)

Dr. B. K. Bhagwat

- President Dr. A. C. Kapadi

Dr. R. S. Huparikar

- Vice President

Mr. P. S. Kulkarni

- Secretary

Dr. V. V. Doiphode

- Treasurer

Dr. D. P. Puranik

- Member

Mr. M. S. Sangoram

- Member - Member

Dr. A. S. Inamdar Dr. M. . Ranade

- Member

Adv. S. N. Patil

- Member

Dr. S. V. Patil

- Member - Member(Ex-officio)

AYURVIDYA MASIK SAMITI

Dr. D. P. Puranik - President / Chief Editor

Dr. Vinaya R. Dixit - Secretary / Asst. Editor

Dr. Apoorva M. Sangoram - Managing Editor/Member

Dr. Abhay S. Inamdar - Member

Dr. Sangeeta Salvi - Member

Dr. Mihir Hajarnavis - Member Dr. Sadanand V. Deshpande - Member

Dr. N. V. Borse - Member

Dr. Mrs. Saroj Patil - Member