### जानेवारी २०२५

या अंकात एकूण ३६ पाने आहेत.



ISSN - 0378 - 6463

किंमत २५ रुपये



Peer Reviewed Indexed Research Journal of 21st Century... Dedicated to Ayurved...

आयुर्वेद रसशाळा, पुणे यांची गुणकारी व उपयुक्त उत्पादने...

# रुमार देंब्लेट



सर्व प्रकारच्या संधिवात, आमवात, स्नायूंचे विकार यासाठी हे औषध उपयुक्त. सर्व प्रकारच्या न्हूमॅटिक डिसीजेस (Rheumatic Diseases) वर विशेषत्वाने उपयोगी आहे.

सध्याच्या धकाधकीच्या जीवनात खाण्याच्या अनिश्चित वेळा ताण-तणाव यामुळे अपचनाच्या तक्रारी वाढत आहेत. त्यात्नच पुढे ग्रहणी, आयबीएस सारखे पचनसंस्थेशी संबंधित गंभीर आजारांवर निर्माण होतात. पचन संस्थेवर कार्य करणारी घटक द्रव्ये वापरल्यामुळे ग्रहणी रोग, आयबीएस यासारख्या जीर्ण आजारांच्या रुग्णांना अतिशय उपयुक्त.



बित्वकुटजादी टॅब्लेट

# आरकॅलिल हॅल्लेट



मूत्रमार्गातील विकारांसाठी विशेष करून मूत्राश्मरी म्हणजेच युरीनरी कॅल्क्युलस साठी उपयुक्त. युरिनरी कॅल्क्युलस बरोबरच मूत्रमार्गातील इतर विकार जसे सदाह 8 व सशूल मूत्रप्रवृत्ती, मूत्राघात यामध्ये उपयुक्त.

> एक प्रभावी मल्टीपर्पज जंतुघ्न मलम. सर्व प्रकारच्या त्वक्दुष्टीवर, त्वचाविकारांवर बाह्य उपचारासाठी उपयुक्त.



# सेप्टीडर्म मलम



शास्त्रोक्त व पेटंट आयुर्वेदिक औषधे तयार करणारी संस्था.

आयुर्वेद रसशाळा, पुणे



GMP Certified Company

आयुर्वेद रसशाळां फाऊंडेशन, पुणे

२५, कर्वे रोड, पुणे - ४११ ००४. 🖀 : (०२०) २५४४०७९६, २५४४०८९३

E-mail: admin@ayurvedarasashala.com Visit us at: www.ayurvedarasashala.com Toll free No. 1800 1209727



।। श्री धन्वंतरये नम: ।।

राष्ट्रीय शिक्षण मंडळ, संचालित

# आयुर्विद्या

शंखं चक्रं जलौकां दधतमृतघटं चारुदोर्भिश्चतुर्भिः । सूक्ष्मस्वच्छातिहृद्यांशुकपरिविलसन् मौलिमम्भोजनेत्रम् ।। कालाम्भोदोज्जलाङ्गम् कटितटविलसद्यारुपीताम्बराढ्यम् । वन्दे धन्वन्तरितं निखलगदवन प्रौढदावाग्निलीलम् ।। नमामि धन्वंतरिमादिदेवं सुरासुरैवन्दितपादपङ्कजम् । लोके जरारुग्भयमृत्युनाशनं धातारमीशं विविधौषधीनाम् ।।



To know latest in "AYURVED" Read "AYURVIDYA" A reflection of Ayurvedic Researches.

ISSUE NO. - 8

**JANUARY - 2025** 

PRICE Rs. 25/- Only.

## आयुर्विद्याच्या सर्व वाचकांना, वर्गणीदारांना, जाहिरातदारांना नववर्ष २०२५ साठी हार्दिक शुभेच्छा!

#### **CONTENTS** - डॉ. दि. प्र. पुराणिक संपादकीय: WE ARE PROUD OF YOU! 5 Review Study Of Yakrutvikara With Special Reference To Liver Disease (Cirrhosis Of Liver) - Dr. Uday Keshavrao Neralkar • Conceptual Study Of Udavarta Yonivyapada 10 With Special Reference To Dysmenorrhea. - Dr Prachie Pardeshi, Dr. Kalpana Ayare A Subacute Appendicitis On Exploration Incidental Finding - Dr. Shivganesh Kalsait, Dr. Dhanraj Gaikwad 12 Of Meckel's Diverticulum - A Case Study • In-vitro Comparative Study Of Physicochemical And Phytochemical Analysis Of Shwet Musali Root (Chlorophytum borivilianum Linn.) And Krishna Musali Root (Curculigo orchioides Gaertn) And Their Antioxidant Property W.S.R. To Rasayana Karma - Chougule Vanita S., Patil Laxmikant B. 14 Palliative Care - A Need of Time 20 - Madhura Kulkarni Mukhdushika Treated By Panchbhoutik Chikitsa - Dr Varsha Deshpande - A Case Report 22 • A Case Report Of Pre Eclampsia And Eclampsia In Third Para Patient In Labour - Dr. Shaheen Shaikh, Dr. Manda Ghorpade 24 - मुक्ता मंदार परांजपे Dinacharya: A Valuable Assets of Ayurved 29 Report - "UPDATE SHALYA - SANGYAHARAN 2024" 24th National and 8th International Conference of AAIM - Dr. V. R. Shet 31 श्रद्धांजली 32 नवे वर्ष, नवी दिशा, नवी आशा... - डॉ. अपूर्वा संगोराम 33 - डॉ. सौ. विनया दीक्षित प्रमाणित आयुर्वेदाचे नवयुग! 34 About the Submission of Article and Research Paper -

"AYURVIDYA" Magazine is printed at 50/7/A, Dhayari - Narhe Road, Narhe Gaon, Tal. - Haveli, Pune -41 and Published at 583/2, Rasta Peth, Pune 11.

By Dr. D. P. Puranik on behalf of Rashtriya Shikshan Mandal, 25, Karve Road, Pune 4.

IMP • Views & opinions expressed in the articles are entirely of Authors. •

#### **About the Submission of Article and Research Paper**

**AYURVIDYA** 

• The article / paper should be original and submitted **ONLY** to "**AYURVIDYA**"

Rashtriya Shikshan Mandal's

 The <u>national norms</u> like Introduction, Objectives, Conceptual Study / Review of Literature, Methodology, Observations / Results, Conclusion, References, Bibliography etc. should strictly be followed. Marathi Articles / Research Paper are accepted at all levels. These norms are applicable to Review Articles also.

- One side Printed copy along with PP size own photo and fees should be submitted at office by courrier / post/in person between 1 to 4 pm on week days and 10 am to 1 pm on Saturday.
- "AYURVIDYA" is a peer reviewed research journal, so after submission the article is examined by two experts and then if accepted, allotted for printing. So it takes at least one month time for execution.
- Processing fees Rs. 1000/- should be paid by cheque / D.D. Drawn in favour of "AYURVIDYA MASIK"
- · Review Articles may be written in "Marathi" if suitable as they carry same standard with more
- Marathi Articles should also be written in the given protocol as - प्रस्तावना, संकलन, विमर्श / चर्चा, निरीक्षण, निष्कर्ष, संदर्भ इ.

For Any Queries Contact -

Prof. Dr. Apoorva Sangoram (09822090305)

Write Your Views / send your subscriptions / Advertisements

To

Editor - AYURVIDYA MASIK, 583 / 2, Rasta Peth, Pune - 411 011. E-mail: ayurvidyamasik@gmail.com Phone: (020) 26336755, 26336429 Fax: (020) 26336428 Dr. D. P. Puranik

Dr. Vinaya Dixit - 09422516845 Dr. Apoorva Sangoram 09822090305

Visit us at - www.eayurvidya.org

Subscription, Article Fees and Advertisement Payments by Cash / Cheuqes / D. D. :- in favour of

Payable at Pune	Date :
Pay to "AYURVIDYA MASIK"	
Rupees	
(Outstation Payment by D.	D. Only)

For Online payment - Canara Bank, Rasta Peth Branch, Savings A/c. No. 53312010001396, IFSC - CNRB0015331, A/c. name - 'Ayurvidya Masik'. Kindly email the payment challan along with name, address and purpose details to ayurvidyamasik@gmail.com

"AYURVIDYA" MAGAZINE Subscription Rates: (Revised Rates Applicable from 1st Jan. 2014) For Institutes -Each Issue Rs. 40/- Annual :- Rs. 400/- For 6 Years :- Rs. 2,000/-For Individual Persons - For Each Issue :- Rs. 25/- Annual :- Rs. 250/- For 6 Years :- Rs. 1,000/-For Ayurvidya International - Annual :- Rs. 550/- (For Individual) & Rs. 1000/- (For Institute)

Full Page - Inside Black & White - Rs. 1,600/- (Each Issue)

Half Page - Inside Black & White - Rs. 900/- (Each Issue)

Quarter Page - Inside Black & White - Rs. 500/- (Each Issue)



## **GOVERNING COUNCIL (RSM)**

Dr. D. P. Puranik - President

- Vice President Dr. B. K. Bhagwat

Dr. R. S. Huparikar

- Secretary

Dr. R. N. Gangal

- Treasurer

Dr. V. V. Doiphode

Dr. B. G. Dhadphale

- Member

Dr. M. R. Satpute

- Member

- Member

Dr. S. G. Gavane Adv. S. N. Patil

- Member

Dr. S. V. Patil

- Member

- Member(Ex-officio)

#### **AYURVIDYA MASIK SAMITI**

Dr. D. P. Puranik - President / Chief Editor

Dr. Vinaya R. Dixit - Secretary / Asst. Editor

**Dr. Apoorva M. Sangoram -** Managing Editor/Member

Dr. Abhay S. Inamdar - Member

- Member Dr. Sangeeta Salvi

**Dr. Mihir Hajarnavis** - Member

Dr. Sadanand V. Deshpande - Member Dr. N. V. Borse - Member

Dr. Mrs. Saroj Patil - Member