

मार्च २०२५

या अंकात एकूण ३६ पाने आहेत.

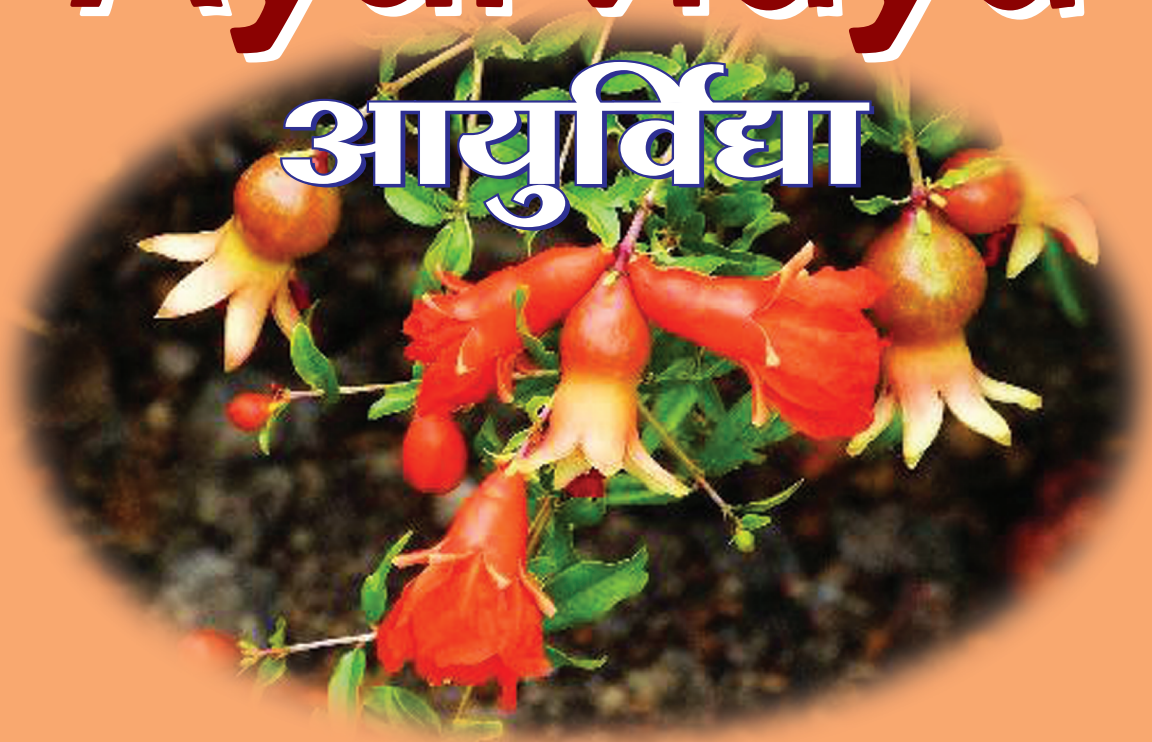


ISSN - 0378 - 6463

किंमत २५ रुपये

Ayurvedidya

आयुर्विद्या



Peer Reviewed Indexed Research Journal
of 21st Century... Dedicated to Ayurved...

March 2025

1

Ayurvedidya Masik

आयुर्वेद रसशाळा, पुणे यांची गुणकारी व उपयुक्त उत्पादने...

व्रणरोपक तेल



व्रणाची शुद्धी झाल्यानंतर
व्रण (जखम) लवकर भरून येण्यासाठी.

व्रणशोधक तेल



नावाप्रमाणे दुष्ट व्रणाची शुद्धी करणारे,
डोक्यात होणारा कोंडा, त्वचेवरील खाज
यामध्ये बाह्योपचारासाठी.



विषाणूजन्य विकार, अंग दुखणे,
शिरःशूल (डोके दुखणे), सर्दी, खोकला,
अंग गरम होणे यात उपयोगी.



पारिजातक गुटी

मूत्रशर्करा, मूत्रदाह, मूत्रअश्मरी,
बस्तीशोथ, पौरुष ग्रंथी शोथ यामध्ये उपयुक्त.



वरुणादि क्वाथ



शास्त्रोक्त व पेटेंट आयुर्वेदिक औषधे तयार करणारी संस्था.

आयुर्वेद रसशाळा, पुणे

GMP Certified Company

फॉर

आयुर्वेद रसशाळा फाउंडेशन, पुणे

२५, कर्वे रोड, पुणे - ४११ ००४. ☎ : (०२०) २५४४०७९६, २५४४०८९३

E-mail : admin@ayurvedarasashala.com Visit us at : www.ayurvedarasashala.com Toll free No. 1800 1209727



राष्ट्रीय शिक्षण मंडळ, संचालित

आयुर्विद्या

मासिक

शंखं चक्रं जलोकां दधतमृतघटं चारुदोर्भिश्चतुर्भिः ।
सूक्ष्मस्वच्छातिहृद्यांशुकपरिविलसन् मौलिमम्भोजनेत्रम् ॥
कालाम्भोदोज्ज्वलाङ्गम् कटितटविलसद्धारुपीताम्बराढ्यम् ।
वन्दे धन्वन्तरितं निखिलगदवन प्रौढदावाग्निलीलम् ॥
नमामि धन्वंतरिमादिदेवं सुरासुरेवन्दितपादपङ्कजम् ।
लोके जरारुभयमृत्युनाशनं धातारमीशं विविधौषधीनाम् ॥

Rashtriya Shikshan Mandal's

AYURVIDYA

Magazine



To know latest in "AYURVED" Read "AYURVIDYA"
A reflection of Ayurvedic Researches.

ISSUE NO. - 10

MARCH - 2025

PRICE Rs. 25/- Only.

राष्ट्रीय शिक्षण मंडळ संचालित कै. कृ. ना. भिडे आयुर्वेद संस्थेच्या
वर्धापन दिनानिमित्त हार्दिक शुभेच्छा व अभिनंदन - दि. १ मार्च २०२५

CONTENTS

● संपादकीय : रोगराईचे माहेरघर	- डॉ. दि. प्र. पुराणिक	5
● Protocol Deviations In Clinical Investigations Of Drugs, Biological Products And Devices: A Detailed Overview	- Mrs. Vaishali Deshpande	6
● Vipaka : The Bio-Transformation Of Rasa	- Dr. Prachi Nandwate	8
● Ayurveda Management of Polycystic Ovarian Disease : A Case Study	- Vaidya Swarali Shendye	11
● A Comprehensive Literature Review Of Jatamansi (Nardostachys Jatamansi DC)	- Vd. Mahesh Tambe, Dr. Asmita Jadhav	13
● Stress Induced Grahani - A Case Study	- Dr. Kumud R. Shahare, Dr. Taranoom M. Patel	24
● श्रद्धांजली	-	27
● Report - Sangyahan Day Celebration on 6 th February 2025 - Dr. V. R. Shet		23
● अहवाल - राष्ट्रीय शिक्षण मंडळ - शतकोत्तर प्रथम वर्धापन दिन समारंभ दि. ९ फेब्रुवारी २०२५ - डॉ. मिहीर हजरनवीस		28
● वृत्तांत - राष्ट्रीय शिक्षण मंडळाच्या २०२५-२०३० च्या पंचवार्षिक निवडणुकीत निवडून आलेल्या सर्व सभासदांचे हार्दिक अभिनंदन	-	29
● अहवाल - वैद्य पुरुषोत्तमशास्त्री नानल हॉस्पिटल हीरक महोत्सवी समारंभ - दि. १५ फेब्रुवारी २०२५ - डॉ. प्रमोद दिवाण		30
● वृत्तांत - टिळक आयुर्वेद महाविद्यालयास पुणे, म. न. पा. आयोजित स्पर्धामध्ये पारितोषिके प्राप्त. - डॉ. अपूर्वा संगोराम		32
● अहवाल - "Cosmetology & Trichology Seminar" - डॉ. प्रमोद दिवाण		31
● Congratulations!	-	31
● अभिनंदन!!	-	32
● युजीसी केअर जर्नल्स बंद?	- डॉ. अपूर्वा संगोराम	33
● निवृत्ती आणि बरचं काही...	- डॉ. सौ. विनया दीक्षित	34
● About the Submission of Article and Research Paper -		4

"AYURVIDYA" Magazine is printed at 50/7/A, Dhayari - Narhe Road, Narhe Gaon, Tal. - Haveli, Pune -41 and Published at 583/2, Rasta Peth, Pune 11.
By Dr. D. P. Puranik on behalf of Rashtriya Shikshan Mandal, 25, Karve Road, Pune 4.

IMP • Views & opinions expressed in the articles are entirely of Authors. •

About the Submission of Article and Research Paper

Rashtriya Shikshan Mandal's
AYURVIDYA
Magazine

- The article / paper should be original and submitted **ONLY** to "AYURVIDYA"
- The **national norms** like Introduction, Objectives, Conceptual Study / Review of Literature, Methodology, Observations / Results, Conclusion, References, Bibliography etc. should strictly be followed. **Marathi Articles / Research Paper are accepted at all levels. These norms are applicable to Review Articles also.**
- One side Printed copy** along with PP size own photo and fees should be submitted at office by courier / post / in person between **1 to 4 pm on week days and 10 am to 1 pm on Saturday.**
- "AYURVIDYA" is a peer reviewed research journal, so after submission the article is examined by two experts and then if accepted, allotted for printing. So it takes atleast one month time for execution.
- Processing fees Rs. 1000/- should be paid by cheque / D.D. Drawn in favour of "AYURVIDYA MASIK"
- Review Articles may be written in "Marathi" if suitable as they carry same standard with more acceptance.**
- Marathi Articles should also be written in the given protocol as - प्रस्तावना, संकलन, विमर्श / चर्चा, निरीक्षण, निष्कर्ष, संदर्भ इ.**

For Any Queries Contact -
Prof. Dr. Apoorva Sangoram (09822090305)

Write Your Views / send your subscriptions / Advertisements

Subscription, Article Fees and Advertisement Payments
by Cash / Cheques / D. D. :- in favour of

To

Editor - AYURVIDYA MASIK, 583 / 2, Rasta Peth, Pune - 411 011.
E-mail : ayurvidyamasik@gmail.com Phone : (020) 26336755, 26336429
Fax : (020) 26336428 Dr. D. P. Puranik
Dr. Vinaya Dixit - 09422516845 Dr. Apoorva Sangoram 09822090305
Visit us at - www.eayurveda.org

Payable at Pune Date :

Pay to "AYURVIDYA MASIK"

Rupees

..... Rs.

(Outstation Payment by D. D. Only)

- For Online payment - Canara Bank, Rasta Peth Branch, Savings A/c. No. 53312010001396, IFSC - CNRB0015331, A/c. name - 'Ayurvedya Masik'. Kindly email the payment challan along with name, address and purpose details to ayurvedyamasik@gmail.com

"AYURVIDYA" MAGAZINE Subscription Rates : (Revised Rates Applicable from 1st Jan. 2014)

For Institutes -Each Issue Rs. 40/- Annual :- Rs. 400/- For 6 Years :- Rs. 2,000/-

For Individual Persons - For Each Issue :- Rs. 25/- Annual :- Rs. 250/- For 6 Years :- Rs. 1,000/-

For Ayurvedya International - Annual :- Rs. 550/- (For Individual) & Rs. 1000/- (For Institute)

ADVERTISEMENT
RATES

Full Page - Inside Black & White - Rs. 1,600/- (Each Issue)
Half Page - Inside Black & White - Rs. 900/- (Each Issue)
Quarter Page - Inside Black & White - Rs. 500/- (Each Issue)

Attractive
Packages
for yearly
contracts

GOVERNING COUNCIL (RSM)

Dr. D. P. Puranik	- President
Dr. B. K. Bhagwat	- Vice President
Dr. R. S. Huparikar	- Secretary
Dr. R. N. Gangal	- Treasurer
Dr. V. V. Doiphode	- Member
Dr. B. G. Dhadphale	- Member
Dr. M. R. Satpute	- Member
Dr. S. G. Gavane	- Member
Adv. S. N. Patil	- Member
Dr. S. V. Patil	- Member(Ex-officio)

AYURVIDYA MASIK SAMITI

Dr. D. P. Puranik	- President / Chief Editor
Dr. Vinaya R. Dixit	- Secretary / Asst. Editor
Dr. Apoorva M. Sangoram	- Managing Editor/Member
Dr. Abhay S. Inamdar	- Member
Dr. Sangeeta Salvi	- Member
Dr. Mihir Hajarnavis	- Member
Dr. Sadanand V. Deshpande	- Member
Dr. N. V. Borse	- Member
Dr. Mrs. Saroj Patil	- Member